



| Ý - Ý

™ p ù Ý œÝ
N Ý | ù Ý Ý ý . 9 ù œ p

™ p ù Ý œÝ ý œ p 4 ù ø | Ý
p Ý ý 9 ù 4 ù o ý Ý g . S Ý p S | M ý Ý
® i ý - Ý ý . p Ý ø - Ý ý |
' S Ý p S | ® Ý ý M S Ý p S | M ý Ý ®

| Ý Ý ý Ý ø Ý ' i ý
S Ý p S | M ý Ý ® Ý ý | Ý ý | S Ý ù Ý p S | ® 9 Ý
ù Ý ý Ý ù Ý N È Ý S Ý
È Ý Ý ý Ý o | Ý o ý ù Ý . p Đ

® Ý ù - ý ý
4 ™ ý œ p

® Ý ù Ý ý Ý Ý œ ý N Ý p œ N p Ý ý Ý Ý œ ý | ù
. ý p œ . p ® Ý ù ý Ý ù Ý Ý ù ù Ý
ù ý w Ý ý ù w ù Ý ý S ù ù Ý ø ù Ý
ý p Ý Ý W . Ý Ý Ý ® Ý ù ý p Ý Ý
W . Ý | | Ý ý o ý o Ý Ý - Ý È S Ý p S |
M ý Ý ® ® Ý ù Ý ™ Ý ù ý . ù Ý Ý . ù Ý p
| ù Ý

® Ý ù ý œ p Ý Ý | ý p Ý ý ø ù Ý Ý Ý ù ù ý ý | Ý ý
| ø ù œ p ù Ý i Ý ý | Ý ý Ý ý œ p i Ý Ý ý | Ý
œ Ý | Ý Ý ù ý Ý È o ý Ý ý ' g | Ý ý Ý ý
| Ý œ Ý œ p p Ý Ý . Ý ý Ý È o ý Ý ý
œ Ý - Ý ý . Ý Ý ý È ù . Ý

® Ý ù Ý ý Ý œ p . ù ý Ý È o ý Ý ý . ù
o ø Ý ý È ù . Ý œ p ® Ý ý ' Ý ø ù ù
Ý Ý œ p 4 ™ ý Ý ý ù ý

Sandra-Jane (SJ) is a Band 2 Health Care Assistant at Norfolk and Norwich University Hospital, working mainly with children.

SJ started working in the NHS in 1982, qualifying as a RGN in 1986 and a RSCN in 1988. SJ has worked in hospital, schools and the community with children and their families in West London. Owing to disability, SJ took ill health retirement and left the NMC register at the end of 2021. Finding retirement not to her liking, SJ joined NNUH as a Health Care Assistant.

Life-registration qualifications in teaching and assessing, paediatric asthma, allergy in practice, Diploma in Professional Studies in Nursing followed by a top-up degree at the RCN BSc (Hons) in Child Health Nursing. Apart from annual updates in respiratory, SJ is a Non-Medical Prescribing registered with the NMC in 2012. Now, however, SJ is undertaking a MA in Childhood & Youth studies with the OU. SJ had an article published in RCNi Journal, Nursing Children & Young People in 2019.

SJ has been a member of the RCN since 1982, as a student member, Registered Nurse member, retired member (very briefly) and as a NSW member. SJ became the elected member of the Nursing Support Workers (NSW) Committee representing the Eastern Region in 2023. Having been a Registered Nurse, SJ felt that she was well placed to support NSWs due to her breadth of knowledge and experience of competencies and acknowledgement of increased role expectations and highlighting when NSWs being asked to take on roles / tasks beyond their job description and taking action on behalf of other NSWs. Recently SJ has become the NSW Committee

Sandra-Jane (SJ) is a Band 2 Health Care Assistant at Norfolk and Norwich University Hospital, working mainly with children.

SJ started working in the NHS in 1982, qualifying as a RGN in 1986 and a RSCN in 1988. SJ has worked in hospital, schools and the community with children and their families in West London. Owing to disability, SJ took ill health retirement and left the NMC register at the end of 2021. Finding retirement not to her liking, SJ joined NNUH as a Health Care Assistant.

Life-registration qualifications in teaching and assessing, paediatric asthma, allergy in practice, Diploma in Professional Studies in Nursing followed by a top-up degree at the RCN BSc (Hons) in Child Health Nursing. Apart from annual updates in respiratory, SJ is a Non-Medical Prescribing registered with the NMC in 2012. Now, however, SJ is undertaking a MA in Childhood & Youth studies with the OU. SJ had an article published in RCNi Journal, Nursing Children & Young People in 2019.

SJ has been a member of the RCN since 1982, as a student member, Registered Nurse member, retired member (very briefly) and as a NSW member. SJ became the elected member of the Nursing Support Workers (NSW) Committee representing the Eastern Region in 2023. Having been a Registered Nurse, SJ felt that she was well placed to support NSWs due to her breadth of knowledge and experience of competencies and acknowledgement of increased role expectations and highlighting when NSWs being asked to take on roles / tasks beyond their job description and taking action on behalf of other NSWs. Recently SJ has become the NSW Committee

representative on the Equality, Diversity and Inclusion (EDI) Committee, having had practical experience of how difficult it is to argue for necessary adjustments.

Outside of work, studying and RCN commitments, SJ has a long history of volunteering - previously as a School Governor, PCC Treasurer, Lead Chaperone & safeguarding officer

Wendy is a professional speaker and author of the book 'The Neuroscience of Inclusion'.

Wendy is a professional speaker and author of the book 'The Neuroscience of Inclusion'. She is also a member of the Chartered Institute of Personnel and Development and has a strong research focus on the importance of trust as a driver for productivity in the workplace as well as designing metrics to measure inclusion and the impact of intersectional analysis. Wendy has held key roles in the field of equalities and inclusion across the public and voluntary and community sectors. She has also worked nationally as well as internationally.

