

RCN and SOM joint Occupational Health Nursing Conference 2024

Friday 29 November 2024

RCN HQ, LGB
RCN HQ, LGB

Dear Colleague,

On behalf of the Royal College of Nursing (RCN) and The Society of Occupational Medicine, welcome you to RCN and SOM joint Occupational Health Nursing Conference 2024.

We trust that you will find the conference stimulating and informative and that you'll have an opportunity to network with colleagues during the course of the event. We hope you will go away feeling inspired and invigorated and armed with information to share with colleagues in your workplace.

The RCN believes in life-long learning and actively promotes the continuing professional development of nurses. For this reason, certificates of attendance are included in the conference pack and the framework for reflection can be found on the reverse. You are encouraged to contribute attendance at RCN events towards your framework for reflection which can be included in your portfolio.

9.00

Registration, exhibition, networking and refreshments

10.00

Conference enquiries

Please ask staff on the registration desk if you have any specific requirements regarding access, lost property or have queries regarding your membership.

receipts are also available 9-5 (also the t) 53ETQ EMC 13 Alternatively as r o5.32 841.92 reV

Delegate Badges

For security purposes, participants must wear their badges at all times.

Participants will not be admitted to the conference sessions without the appropriate badge.

Programme

Please refer to the programme for details of the times and locations of all conference sessions. Staff will be on hand to guide you as necessary.

Exhibition

There is an exhibition running alongside this event. These exhibitors have chosen to exhibit at this conference as they feel their products and/or services may be of interest to you. The exhibition also supports the conference, therefore please take the time to go and visit each exhibition stand during the exhibition viewing times.

Receipts

If you require a receipt or have any queries relating to your registration or payment for this event, please contact staff on the registration desk at the event. Alternatively, receipts are also available by contacting RCN Event Registrations direct on 029 2054 6460 between 9.00am and 4.30pm Monday to Friday.

The RCN will not accept any liability for loss or damage to personal effects which may arise as a result of attendance at this event.

Continuing Professional Development

The Royal College of Nursing believes in lifelong learning and actively promotes the continuing professional development of all nurses. Authorised Royal College of Nursing certificates of attendance have been issued to all participants. This event is also subject to the RCN Events quality assurance framework. You should log what you have learnt at this event using the Framework for Reflection guidelines on the back of your certificate and keep this document in your personal professional portfolio.

Christine Poulter, Hon Clinical Strategic Advisor, Nationwide

Talk title: Health Surveillance

Summary

1. Recognise why health surveillance is important – the historical context.
2. Identify audio cases that require escalation.
3. Understand the difference between high and low-level respiratory health surveillance.
4. Identify the

Learning outcomes

1. Understand the difference between 'gatekeeping' versus 'triage' method
2. Understand the shift from biopsychosocial approaches to performance

Dr Nancy Yarker is the founder and Chief Science Officer of Genius Corp focused on neurodiversity inclusion. Genius provides assessments, training, HR consultancy, and digital tools, winning the Queen's Award for Business in 2022. A Coaching Psychologist, Nancy founded the Centre for Neurodiversity, a Forbes columnist, and BBC documentary maker. She provides expert guidance for organisations like the UN, UK Government, and universities including Oxford and Stanford.

Jo Yarker, Manager of Neurodiversity at Affinity Health at Brunel University of London

Talk title:

Workshop 186 w0 g0 G(T)-2 | 00008871 0 595.32 841.92 reW* nBT/F2 12 Tf1 0 0 1 236.69 74

managing wellbeing in the workplace". In Wellbeing at Work in a Turbulent Era. Cheltenham, UK:

Edward Elgar Publishing. Retrieved Nov 3, 2024, from

<https://doi.org/10.4337/9781035300549.00017>

3. WHO guidelines on mental health at work <https://www.who.int/publications/i/item/9789240053052>

Biography

Jo is a Registered and Chartered Occupational Psychologist specialising in occupational health and wellbeing. She conducts pioneering research and leads strategy development, risk management and training and development programmes. Jo is Managing Partner of Affinity Health at Work, a research and consultancy organisation, and a Professor of Occupational Psychology at Birkbeck, University of London. Jo works with the public and private sector to improve mental health and wellbeing at work, and has received funding from the World Health Organisation, the Institute of Occupational Safety and Health, the Chartered Institute of Personnel Development, and the UK Health and Safety Executive. She contributes to national guidance and publishes widely to share new knowledge, evidence and tools to promote and sustain health and wellbeing at work.

1. <https://ioh.org.uk/2023/04/becomeasommentorfornursesdoctorsandahps-consideringa-career-in-oh/>
2. <https://www.personneltoday.com/hr/occupationalhealthmentoring-schemesettolaunch/>
3. <https://www.personneltoday.com/hr/benefitsofmentoringprogrammesin-occupationalhealth/>

Biography

Janet O'Neil is an experienced occupational health nurse specialist. She is head of occupational health training for PAM OH and deputy head of the National School of Occupational Health. Janet is a Queens Nurse, a trustee on the board of iOH and a Queens Nurse. She is an alumni of the Rosalind Franklin NHS leadership program.

Lucy Smith, Head of Occupational Health and Wellbeing, Mitie

Talk title: Occupational health for drivers

Summary

This session will outline some specific health risks which Occupational Health Professionals might consider when assessing at work drivers. It will also cover actions that organisations can take to support health and wellbeing of their at work drivers, and how Occupational Health Professionals can support employers in contributing to better health outcomes and reduce the risk of road traffic incidents.

Learning outcomes

1. Describe actions that at work drivers can take to support their musculoskeletal health.
2. Identify modifiable risk factors to provide meaningful health education to at work drivers.
3. Explain the importance of collaboration between Occupational Health professionals and organisations, to facilitate positive health outcomes for at work drivers.

Recommended reading list / references

1. Driving and Occupational Health: An Essential Guide. SOM, 2024

Biography

Lucy is an Occupational Health Nurse Specialist with over a decade of experience. Throughout her career, she has supported a diverse range of industries, leveraging her expertise in both inhouse and provider roles. Lucy is driven by a passion for promoting the importance of Occupational Health in improving workplace safety and employee well-being. Lucy is currently the Head of Occupational Health and Wellbeing at Mitie, a facilities transformation business. She integrates her extensive knowledge of occupational health with innovative strategies to promote a safer and healthier workplace for both Mitie employees and their customers, enabling them to achieve the exceptional everyday.

