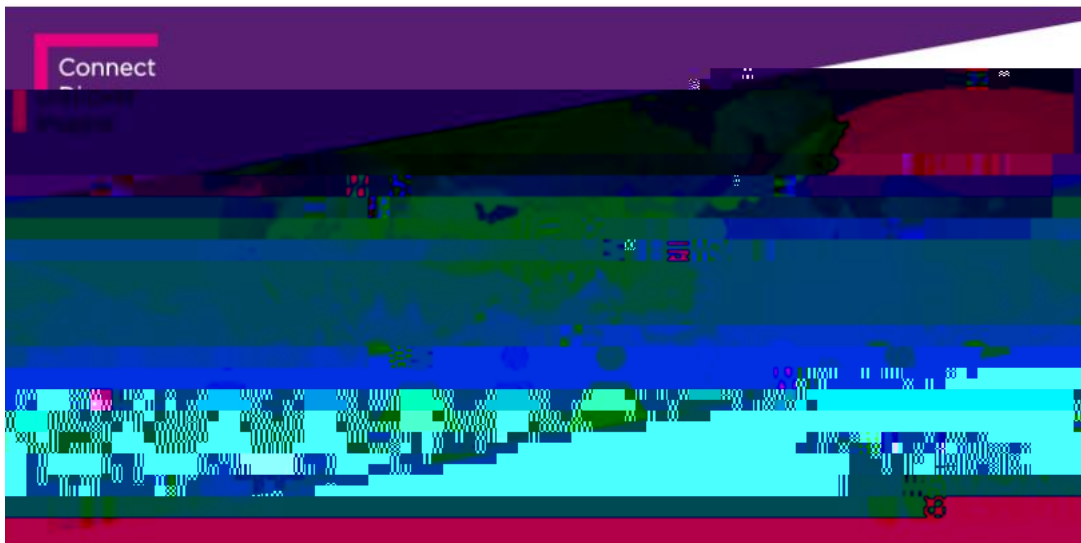




RCN Women's Health Conference 2024

Advancing Excellence: Empowering Nurses in Women's Health



Tuesday 10 December 2024

RCN HQ, London

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Welcome letter

Dear Colleague,

On behalf of the Royal College of Nursing (RCN) and the RCN's Women's Health Forum, welcome to the RCN Women's Health Conference.

We trust that you will find the conference stimulating and informative and that you'll have an opportunity to network with colleagues during the course of the event. We hope you will go away feeling inspired and invigorated and armed with information to share with colleagues in your workplace.

The RCN believes in life-long learning and actively promotes the continuing professional development of nurses. For this reason, certificates of attendance are included in the conference pack and the framework for reflection can be found on the reverse. You are encouraged to contribute attendance at RCN events towards your framework for reflection which can be included in your portfolio.

You will receive an email with a link to the online conference evaluation. We'd be grateful if you would complete this as soon as possible and within seven days of the conference. Your comments and feedback are invaluable in helping us plan future RCN conferences.

RCN staff and committee members are also on hand to answer any queries you may have regarding your membership. Or if you're a non-member, they can inform you of the many benefits of joining the RCN. As a member, you can join any number of the RCN Forums. Forums have active Facebook groups that provide you with the opportunity to connect with colleagues and keep up to date on current practice related issues.

The RCN has professional forums across the diverse nursing arena and RCN members can join as many of these forums as they wish. With 202105 forum members, forum membership is set to continue to rise. Forums are a huge area of influence and direction for the RCN and are a valuable opportunity to network with colleagues around the UK and be involved in:

- consultation responses
- conferences, events and workshops
- forum-led publications.

We'd like to thank you for supporting this conference and look forward to welcoming you back to future RCN events. A full listing of future events can be found on page 26 of your conference programme.

With best wishes,
Michael Nevill, RCN Women's Health Forum Committee; Clinical Director,
National Unplanned Pregnancy Advisory Service (NUPAS)

Programme at a glance

09.30	Registration, networking and refreshments
10.00	Chair's opening remarks Michael Nevill, RCN Women's Health Forum Committee; Clinical Director, National Unplanned Pregnancy Advisory Service (NUPAS)
10.15	Keynote: Navigating pathways: My career journey of growth and discovery Simphiwe Sesane, Medical Educator, Exeltis UK, Founder and CEO: Black Nurses & Midwives UK
10.45	Capturing patient feedback and using it to improve healthcare services Dr Gwenne McIntosh, Head of Health Sciences, University of Stirling
11.15	Refreshments, exhibition viewing and networking
11.45	What's new in contraception: exploring the latest developments and trends Ruth Bailey QN, Women's Health Forum Chair; Advanced Nurse Practitioner Sexual Health, Primary Care, FSRH Council Nurse Member
12.05	Contemporary issues in abortion care: Navigating challenges and improving practice Charlotte Glynn, RCN Women's Health Forum Committee; Lead Nurse at the British Pregnancy Advisory Service

General information

Conference enquiries

Please ask staff on the registration desk if you have any specific requirements regarding access, lost property or have queries regarding your membership.

Delegate Badges

For security purposes, participants must wear their badges at all times. Participants will not be admitted to the conference sessions without the appropriate badge.

Programme

Please refer to the programme for details of the times and locations of all conference sessions. Staff will be on hand to guide you as necessary.

Exhibition

There is an exhibition running alongside this event. These exhibitors have chosen to exhibit at this conference as they feel their products and/or services may be of interest to you. The exhibition also supports the conference, therefore please take the time to go and visit each exhibition stand during the exhibition viewing times.

Receipts

If you require a receipt or have any queries relating to your registration or payment for this event, please contact staff on the registration desk at the event. Alternatively, receipts are also available by ng garding

Acknowledgement and thanks

RCN Women's Health Forum Committee

Ruth Bailey QN – Chair Women's Health Forum Chair; Advanced Nurse Practitioner
Sexual Health, Primary Care, FSRH Council Nurse Member

Emma Ayling - Gynaecology Matron, The Rosie Hospital, Cambridge University Hospitals

Charlotte Glynn - Lead Nurse, British Pregnancy Advisory Service

Esther Kuria - Nurse Consultant Gynaecology, Guys & St Thomas NHS Foundation Trust

Victoria Heppell -

Plenary speaker abstracts

Mrs Simphiwe Sesane - Medical Educator, Exeltis UK, Founder and CEO: Black Nurses & Midwives UK

Talk title: Keynote: Navigating pathways: My career journey of growth and discovery

Summary

This talk is about navigating my career journey in Nursing and how I developed my passion for Women's health. I will also share some challenges I have encountered along the way and how I discovered my love for education, supporting and mentoring others which led me to founding my Organisation Black Nurses & Midwives UK.

Learning outcomes

1. Describe some of the reasons why women's health is important and why the great work must continue in order to make positive change.
2. Describe some of the challenges faced by Black patients when accessing services.
3. Describe how community mentoring can make a difference in career development and progression.

Recommended reading list

1. MBBRACE-UK Report (2024) *Saving Lives, Improving Mothers' Care 2024 - Lessons learned to inform maternity care from the UK and Ireland Confidential Enquiries into Maternal Deaths and Morbidity 2020-22*. Accessed from: [Saving Lives, Improving Mothers' Care 2024 - Lessons learned to inform maternity care from the UK and Ireland Confidential Enquiries into Maternal Deaths and Morbidity 2020-22](#)

Summary

Nurses use patient feedback to guide person-centred care or to inform healthcare decisions. Feedback from people who use services is central to understanding, evaluating and improving their healthcare experiences. This presentation will provide an overview of the strategies available to capture patient feedback and offer guidance on how nurses can make use of feedback to promote healthcare improvement.

Learning outcomes

- 1.

Charlotte Glynn - Lead Nurse, British Pregnancy Advisory Service (BPAS)

Talk title: Contemporary issues in abortion care: Navigating challenges and improving practice

Summary

The development of the role of nurses and midwives in abortion care is progressing at speed but is limited in England, Scotland and Wales due to legislation. Decriminalisation is a main focus of abortion care providers and pro-choice activists, to ensure abortion is treated as the healthcare procedure it is and not a piece of legislation resulting in the inappropriate punishment of women. The issues of decriminalisation and the increased involvement of nurses and midwives in abortion care are closely linked, and this session will summarise the past, present and future of nurses and midwives when it comes to abortion care.

Learning outcomes

1. The role of nurses and midwives in the abortion care
2. How the role of nurses and midwives in abortion care can develop currently
3. How the role of nurses and midwives could develop further if abortion was decriminalised

Recommended reading list

1. The role of nurses and midwives in the provision of abortion care: A scoping review <https://doi.org/10.1111/jocn.15218>
2. Vacuum aspiration for induced abortion could be safely and legally performed by nurses and midwives <https://doi.org/10.1136/jfprhc-2016-101542>
3. Nurse practitioners on 'the leading edge' of medication abortion care: A feminist qualitative approach <https://doi.org/10.1111/jan.15487>

Biography

Charlotte is a Lead Nurse for BPAS Telemedical Hub Doncaster. Her background is in sexual health and contraception, and she has been working in abortion care for the last 3 years. Her special interests are early medical abortion, non-medical prescribing, LARC fitting, the role of research and audit in SRH, and the care of vulnerable people and communities. She is a committee member of the RCN Women's Health Forum Committee and was awarded Forum Member of the Year Award 2024.

Summary

Gynaecological malignancies account for approximately 11% of newly diagnosed cancers both nationally and globally, cervical, endometrial, and ovarian cancers rank among the most common cancers. Cervical and ovarian cancers, in particular, are notable causes of death worldwide. While most endometrial cancers are diagnosed at early stages, mortality rates have been increasing since 1997. The presentation will look at some of the pathways & innovative treatments in use and their impact on the nursing workforce.

Learning outcomes

1. To gain knowledge & understanding of cancer in context in the UK
2. To describe the cancer pathways for gynaecological cancers
3. To discuss some of the latest innovations and services in gynaecology cancer management

Recommended reading list

1. M. Wilson et al (2024) Recent Therapeutic Advances in Gynecologic Oncology: A Review <https://www.mdpi.com/journal/cancers>
2. JY Lee et al (2023) Hyperthermic Intraperitoneal Chemotherapy After Interval Cytoreductive Surgery for Patients with Advanced-Stage Ovarian Cancer Who Had Received Neoadjuvant Chemotherapy. *JAMA Surg.* 2023;158(11):1133-1140. doi:10.1001/jamasurg.2023.3944
3. Robotic Surgery in Gynaecology (Scientific Impact Paper No. 71 2022)- <https://www.rcog.org.uk/guidance/browse-all-guidance/scientific-impact-papers/robotic-surgery-in-gynaecology-scientific-impact-paper-no-71>

Exhibitors

The Royal College of Nursing would like to thank the following organisations for supporting this event.

Exhibitors

We look forward to being joined by our exhibitors at the RCN Women's Health Conference:

[Gedeon Richter](#)

[NHS Blood and Transplant](#)

[Aneria Health](#) (l i85()8(n)-2(ur)5(s)8(in)-5.82 t501.34 535.15 Tm0 g0 G())JTETTO EMC /Span << 0 595.3

[RCN Women's Health Forum](#)

The RCN welcomes sponsorship from the health care industry to deliver educational initiatives and events for the nursing profession. Financial support is accepted where there is clear alignment in objectives and strong grounds that the collaboration will add

Future RCN Events

Date	Event	Location
11 December	RCN Equity, Diversity and Inclusion Conference	RCN HQ, London
7 February	RCN Diabetes Conference	RCN HQ, London
7 March	RCN Pain and Palliative Care Conference	RCN HQ, London
22 March	RCN and NaTHNaC 8 th Joint Travel Health Conference	Online
29 March	RCN Critical Care and Flight Nursing Forum Conference	RCN HQ, London
31 March - 1 April	RCN Education Forum Conference	Glasgow
6 June	RCN Acute Care Symposium	RCN HQ, London