



**Afternoon Session: How Do We Move Forward?**

**Chaired by Stephen Jones** - *UK Professional Lead for Mental Health - Royal College of Nursing*

13.30	Introducing the Stress Management Standards	<b>Ali Upton</b> <i>Chair Royal College of Nursing UK Safety Reps Committee</i>
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13.40	Kindness, Trust, and Teams	<b>Richard Williams</b> <i>Presidential Lead for COVID-19, Emergency Preparedness, and Mental Health to the Royal College of Psychiatrists</i>
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13.50 Addresses

**Caroline Rollings**  
*Wellbeing Lead - National Association of Primary Care*

**Jonathan McClennan**