



Acknowledgements

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This document has been designed in collaboration with our members to ensure it meets most accessibility standards. However, if this does not fit your requirements, please contact corporate.communications@rcn.org.uk

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This publication contains information, advice and guidance to help members of the R.2 (s e6.8 (e)n)-8 (d gu)0.9 (i4.8 (e

Level Eight

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This document has been designed to be used in combination with the appropriate standards / competency assessment framework, for example, for England, Northern Ireland, Scotland or Wales.

This document should be used as evidence for your own practice development and can be used as part of a personal development plan or as part of professional body revalidation

Those working at level 8 will have obtained the knowledge and skills as outlined in the previous levels and this is a natural progression in their development.

Example role title:	Consultant practitioner; consultant nurse; senior clinical nurse specialist; advanced clinical practitioner; lead nurse/matron; professor.
Qualification:	<p>Working towards or completion of Professional Doctorate/Doctor of Philosophy.</p> <p>Masters level award in either pain management, advanced practice or equivalent topic.</p> <p>Level 6/7 or level 9/10 in Scotland. Pain management module or related topic, i.e. palliative care/symptom management.</p> <p>Mentorship/Practice Supervisor Training.</p> <p>Level 7 or level 9/10 in Scotland Physical Examination and clinical reasoning skills.</p> <p>Level 7 or level 9/10 in Scotland non-medical prescribing qualification.</p> <p>Completion of EFIC Diploma in Pain Nursing.</p> <p>Practice assessor/supervisor training.</p>
Role descriptor:	The consultant role practices at the highest level of advanced clinical practice. These roles blend direct care, education, research and leadership and management. These practitioners are at the forefront of services. They are leaders in pain nursing.

Domain One: Recognition of pain

This aspect of care outlines how pain can be assessed, measured and communicated.

Domain Three: Treatment – physical strategies to manage pain

This aspect of care outlines the importance of physical strategies to improve and maintain function in acute and persistent pain.

Knowledge	Skills
1.	

Domain Three: Treatment – self management strategies

This domain describes how the nursing team contributes to enabling patients to engage with self-management strategies for managing acute and chronic pain.

Knowledge	Skills
<ol style="list-style-type: none"> 1. Demonstrates expert knowledge of how to use health behaviour change theories and strategies. 2. Demonstrates expert knowledge of how to use the patient's existing skills, coping strategies and strengths. 3. Expert in the use of self-management strategies and coaching patients to optimise their coping skills. 	<ol style="list-style-type: none"> 4. Identifies gaps in patient's knowledge and abilities. 5.

Domain Three: Treatment – use of pharmacological strategies

This domain explores how nurses contribute to the safe, timely and appropriate use of pharmacological therapies.

Knowledge	Skills

Domain Three: Interventional strategies

This aspect of care outlines the role of interventions to improve and maintain function.

Knowledge	Skills
<ol style="list-style-type: none"> 1. Demonstrates an expert level of clinical decision-making as to the suitability of patients for pain management interventions and the outcomes. 2. Independently interprets and manages the clinical signs and symptoms associated with multiple co-morbidities and interventional therapies. 3. Demonstrates the ability to provide expert clinical knowledge, skills and advice for patients undergoing a pain management intervention. 4. Where appropriate, has knowledge and skills in performing specific interventions that are within own scope of practice. 	<ol style="list-style-type: none"> 5. Communicates advanced evidence-based knowledge with patients, families, interdisciplinary team and managers at local, regional and national settings with regards to the use and suitability of interventional strategies. 6. Demonstrates the ability to perform expert clinical examination of patients who have undergone an interventional strategy and identify potential serious adverse effects. 7. Expertly discusses and escalates issues in relation to potential adverse effects, patient safety or service delivery in relation to interventional strategies with nursing staff, clinicians, managers and the wider health care arena. 8. Collaborates on and initiates the development of policies and guidelines pertinent to practices related to interventional techniques. 9.

Domain Four: Service development

This aspect of care describes how the nursing team contributes to the development of person-centred pain management provision ensuring the use of audit, research and education.

Knowledge	Skills
<p>1. Communicates and disseminates innovations in nursing practice at local, regional, national and international level.</p> <p>2. Plans for, develops and applies local/national policy initiatives that will change pain management practice within staff team.</p> <p>3. Leads a dynamic pain service that responds to appropriate changes and motivates the staff team.</p> <p>4. Leads and applies ethical and professional education to management in pain and uses wider concepts in the professional and ethical literature to improve practice.</p> <p>5. Acts as a role model to guide and teach other health care staff about the rationale for incorporating a biopsychosocial/spiritual approach to pain management.</p> <p>6. Demonstrates expert knowledge base on the use of audit, service evaluation, quality improvement and research as a means for influencing and developing local, regional and national practice.</p> <p>7. Leads on the development and completion of audit, service evaluation, quality improvement and research within pain.</p>	<p>8. Plans for and applies local/national policy initiatives that will change pain management practice within staff team.</p> <p>9. Promotes a dynamic pain service that responds to appropriate changes and motivates the staff team.</p> <p>10. Develops a common vision of patient-centred and evidence-based services and create systems and processes to achieve this in liaison with other groups of:</p> <ul style="list-style-type: none"> • service users

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Domain Five: Pain management in specialist groups

This aspect of care describes how the nursing team contributes to the development of person-centred pain management provision in specialist complex groups ensuring the use of audit, research and education.

Knowledge	Skills
<ol style="list-style-type: none"> 1. Demonstrates an expert knowledge and comprehensive understanding of the biopsychosocial model of pain and relationship to pain behaviours in complex and specialist pain groups. 2. Demonstrates expert knowledge and comprehensive understanding of the pathophysiology and psychology of: <ul style="list-style-type: none"> • addiction and substance misuse • chronic primary pain conditions • 4(.9f (h)-13.6 (o)-16)-31.46 (o 0)0uvo (r)-12.8 s (d)i20kr 	

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