



JOIN
THE RCN

When you join the RCN, you become part of the

We want fair pay for nursing that improves

Your pay should recognise the complexity, skill, responsibility and experience you demonstrate every day as nursing support workers, nursing

happen for the benefit of the

1916

RCN incorporated.

1919

Following a successful College of Nursing campaign, the Nurses' Act is passed, establishing a register for nurses for the

1928

Royal charter granted by George V.

1930

College of Nursing Education Department established.

1962

The Royal College of Nursing began its campaign in support of higher pay when public sector salaries were frozen because of an economic crisis in 1961.

1969

The *Raise the Roof* pay campaign saw members demonstrating in Whitehall, which gained widespread press coverage. Eventually a 22% pay increase was secured for nurses.

1976

The RCN registers as a trade union.

1978

Pay not Peanuts campaign launched.

1992

Nurse following an RCN campaign.

2001

The RCN launched its *Working Well* Initiative, which campaigned for and championed safer working practices. Key to this

Stay Sharp, Be Safe, which raised awareness of the risks of sharps injuries.

2009

The *Frontline First* campaign highlighted cuts to nursing posts.

2012

This is Nursing campaign launched to celebrate the huge contribution that nursing staff make. This campaign included utilising the RCN's social media channels on Twitter, YouTube and

poster advertisements on London Underground stations and on the sides of buses.

2016

receives royal

in the UK.

legislation with statutory establishment methodology in acute adult in patient setting

2017

Scrap the Cap campaign launched. Government lifted 1% on public sector spending.

2018

Scotland launches *Ask for More* campaign.

2019

campaigns.

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"I joined the RCN in 2012 and since then, have campaigned to encourage nursing staff, especially nursing support workers,

was Scrap the Cap.

During *Scrap the Cap*, I began by walking around my hospital with the petition to get nurses and members aware of what the campaign was about.

We had an RCN stand in each of our 3 main hospitals, collecting signatures from staff and the public, and we went to the town centre and talked to the public.

By campaigning with the RCN, you'll never feel you need to struggle on your own. We are here to support every member with a very loud voice that is full of passion to do what is right for ourselves and our patients.

Nursing staff are vital to the NHS and beyond, and it makes me cross to see us being undervalued – that's why I got involved in campaigning; it gives us a voice."



"Once you become actively involved in campaigning, you won't look back, as you will know you have made a difference to your patients and colleagues.

We all have a common goal: to improve patient care and the working lives of our fellow nursing colleagues. We are stronger if we combine our strengths and resources. We do not have any political(~~y~~)(~~e~~)(~~x~~)(~~a~~)ⁿ)¹⁶



"Think 2 Drink was launched to make it easier for staff to access fresh water at convenient, but discrete, hydration stations on every ward and department, and by giving staff a free re-usable water bottle.

Our idea tied in with the RCN's national *Rest, Refuel, Rehydrate*

the idea -encouraging people to check the colour of their urine to see if they might be dehydrated.

Local RCN reps also helped to promote the campaign, making it a big success. Reminders about rehydrating have been especially important during the summer heatwave. Overall, I think the campaign helped to reduce staff sickness, reinforcing the idea that the organisation is trying to help staff look after their own health, so they can take better care of their patients."



