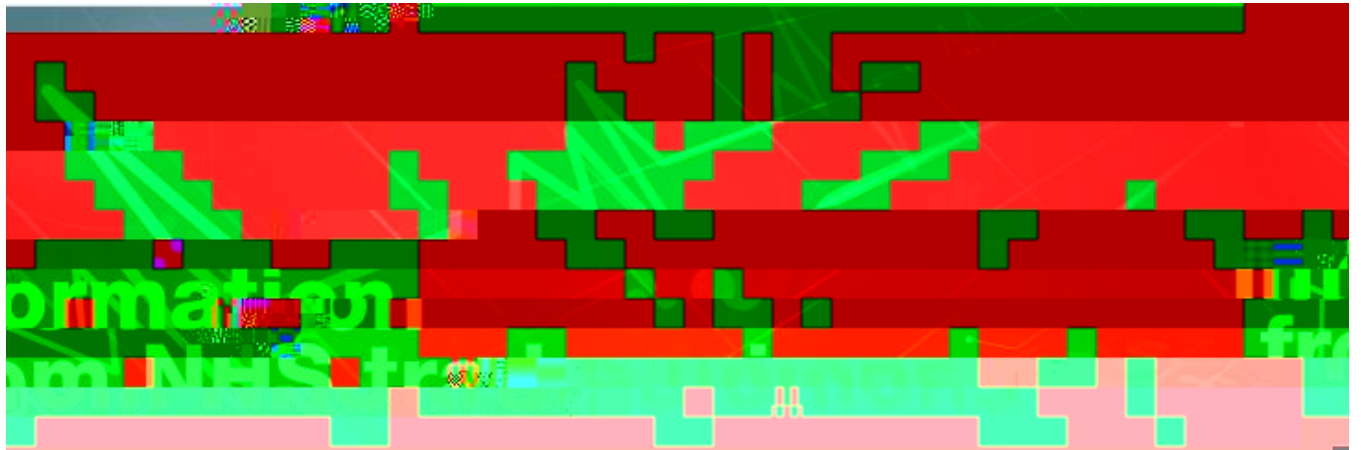


## **NHS Joint Trade Unions' Briefing – Updated August 2022**

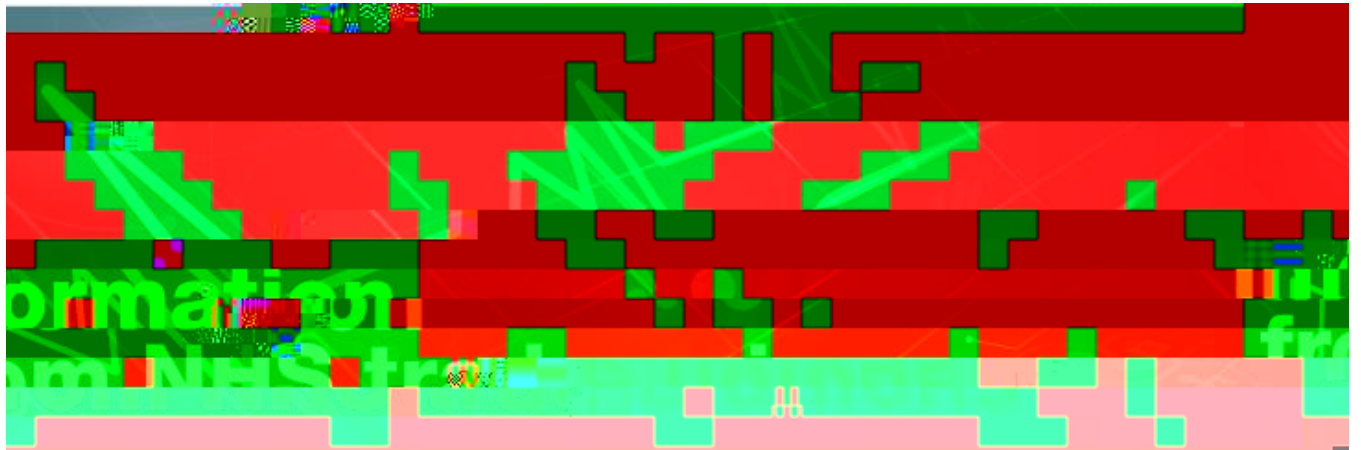
### **Long Covid Guidance for NHS Trade Union Reps**

#### **Background**

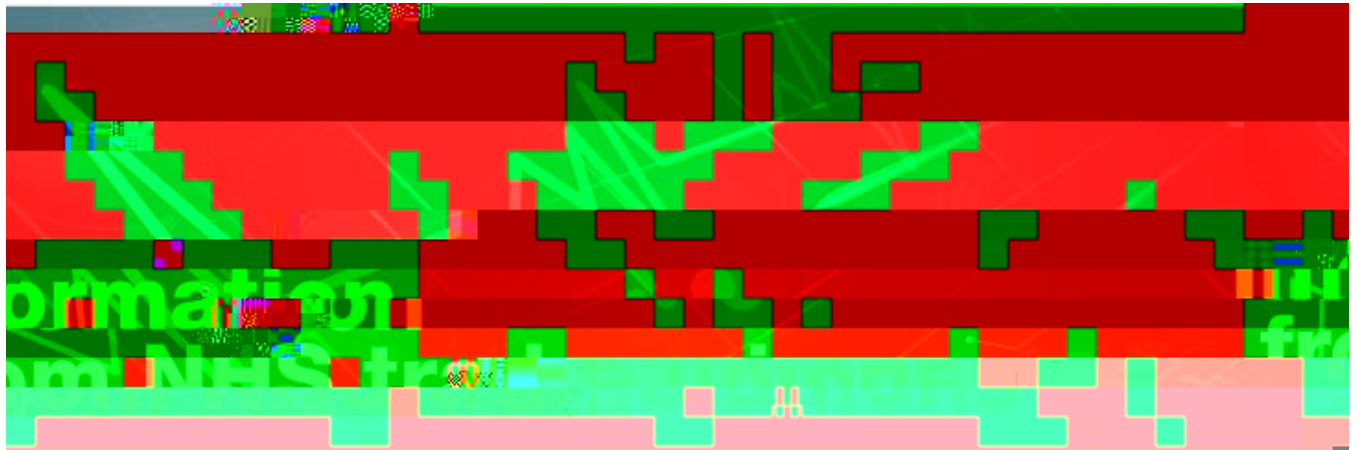
Most people who have contracted COVID-19 are expected to recover within 12 weeks. However, some people, including those who were not initially unwell or hospitalised with COVID-19, experience a variety of ongoing health complications and symptoms that may continue for many more weeks or months. Long Covid is also more likely to affect women, those of working age, disabled people and those working in health or social care<sup>1</sup>.



Occupational health and wellbeing: Good occupational health advice and support is central to the management of individual cases and should be sought as early as is reasonably practical. Occupational health advice will guide conversations between the individual and the employing







## Further Information

NHS Staff Council guidance following the withdrawal of DHSC's terms and conditions COVID-19 guidance: <https://www.nhsemployers.org/covid-19-nhs-staff-council-joint-guidance>

NHS Staff Council guidance management of long term COVID-19 Sickness Absence: <https://www.nhsemployers.org/sites/default/files/2022-07/Management-of-long-term-sickness-absence-july-2022.pdf>

[Sickness and absence because of long COVID: Long COVID advice for employers and employees - Acas](#)

Scotland [Coronavirus \(COVID-19\) | Scottish Terms and Conditions Committee](#)

Wales: [Staff Area: Coronavirus updates - NHS Wales Shared Services Partnership](#)

NHS Wales COVID-19 Sickness Absence Arrangements: <https://www.nhsconfed.org/sites/default/files/2022-06/NHS%20Wales%20COVID-19%20Sickness%20Absence%20Arrangements%20-July%202022%20Final.pdf>

Northern Ireland: [Covid-19 Guidance for HSC Staff - Terms and Conditions | Department of Health \(health-ni.gov.uk\)](#)

NHS England Supporting Colleagues affected by Long Covid [NHS England » Supporting colleagues affected by Long COVID](#)